

# Summary of Resources for Long-Term Care Facilities

This is a high-level summary of available resources for long-term care (LTC) facilities to use in preventing and responding to the COVID-19 pandemic.

---

## General information

- Information for long-term care facilities: [COVID-19 Toolkit \(www.health.state.mn.us/diseases/coronavirus/hcp/lctoolkit.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/lctoolkit.pdf)
- Regional contacts with the [Regional Health Care Preparedness Coordinators \(www.health.state.mn.us/communities/ep/coalitions/rhpc.html\)](http://www.health.state.mn.us/communities/ep/coalitions/rhpc.html)
- MDH Weekly Long-Term Care COVID-19 Conference Call. To sign-up through the end of 2020, complete one-time survey: [LTC Weekly COVID-19 Call Subscription \(redcap.health.state.mn.us/redcap/surveys/?s=MW7LK7FY83\)](http://redcap.health.state.mn.us/redcap/surveys/?s=MW7LK7FY83)
- COVID-19 “Back to Basics” Training Webinar for Congregate Care Settings: Date & Time: TBD
- Long term care organization chart: [Appendix C: ICS Organization Chart and Job Action Sheets \(www.health.state.mn.us/communities/ep/ltc/appendixc.pdf\)](http://www.health.state.mn.us/communities/ep/ltc/appendixc.pdf)

---

## Infection prevention and control

- Infection Control Assessment and Response Program COVID-19: [Action Plan for Congregate Care Settings \(www.health.state.mn.us/diseases/coronavirus/hcp/icpaction.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/icpaction.pdf)
- COVID-19 infection prevention and control: [COVID-19 Infection Prevention and Control and Cohorting in Long-term Care \(www.health.state.mn.us/diseases/coronavirus/hcp/ltcipchohort.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/ltcipchohort.pdf)
- Guidance for health care workers: [Health Care Worker Exposure to COVID-19 \(www.health.state.mn.us/diseases/coronavirus/hcp/exposure.html\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/exposure.html)
- Information on proper control of airflow and ventilation: [Heating, Ventilation, and Air Conditioning \(HVAC\) and Fan Considerations for Long-term Care during COVID-19 \(www.health.state.mn.us/diseases/coronavirus/hcp/hvac.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/hvac.pdf)
- Enhanced respiratory precautions signage: [Enhanced Respiratory Precautions \(www.health.state.mn.us/diseases/coronavirus/hcp/ppepresign.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/ppepresign.pdf)
- Summary of evidence aerosol-generating procedures: [Aerosol-Generating Procedures and Patients with Suspected or Confirmed COVID-19 \(www.health.state.mn.us/diseases/coronavirus/hcp/aerosol.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/aerosol.pdf)

- APIC training for environmental services staff: [Environmental Services \(https://apic.org/Resources/Topic-specific-infection-prevention/Environmental-services/\)](https://apic.org/Resources/Topic-specific-infection-prevention/Environmental-services/)
- Disinfectants for COVID-19: [List N: Disinfectants for COVID-19 \(www.epa.gov/pesticide-registration/list-n-disinfectants-coronavirus-covid-19\)](http://www.epa.gov/pesticide-registration/list-n-disinfectants-coronavirus-covid-19)
- MDH respirator program: [Public Health Respiratory Protection Program Template \(www.health.state.mn.us/facilities/patientsafety/infectioncontrol/rpp/template/index.html\)](http://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/rpp/template/index.html)
- Interim guidance for discharge to home or new/re-admission: [Interim Guidance for Discharge to Home or New/Re-Admission to Congregate Living Settings and Discontinuing Transmission-Based Precautions \(www.health.state.mn.us/diseases/coronavirus/hcp/hospdischarge.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/hospdischarge.pdf)

---

## Personal protective equipment (PPE)

- MDH crisis standards of care: [Personal Protective Equipment \(www.health.state.mn.us/communities/ep/surge/crisis/index.html#ppe\)](http://www.health.state.mn.us/communities/ep/surge/crisis/index.html#ppe)
- MDH Contingency Standard PPE Grid: [Contingency Standards of Care for COVID-19 \(www.health.state.mn.us/communities/ep/surge/crisis/ppegrid.pdf\)](http://www.health.state.mn.us/communities/ep/surge/crisis/ppegrid.pdf)
- CDC personal protective equipment: [Using PPE \(www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html\)](http://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html)
- CDC PPE burn rate calculator: [CDC PPE Burn Rate Calculator \(www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/burn-calculator.html\)](http://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/burn-calculator.html)
- MDH PPE RedCap Request Survey: [COVID-19 Supply Chain Resource Request \(redcap.health.state.mn.us/redcap/surveys/?s=LXR9JMRYEJ\)](https://redcap.health.state.mn.us/redcap/surveys/?s=LXR9JMRYEJ)

---

## Testing

All MDH testing resources can be accessed through the [LTC Testing COVID-19 \(www.health.state.mn.us/diseases/coronavirus/hcp/ltctesting.html\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/ltctesting.html)

- Contact the State Emergency Operations Center (SEOC) for testing assistance: [seoc.covid.testing@state.mn.us](mailto:seoc.covid.testing@state.mn.us)
- MDH weekly [Test Rate by County of Residence \(www.health.state.mn.us/diseases/coronavirus/stats/index.html#wtrmap1\)](http://www.health.state.mn.us/diseases/coronavirus/stats/index.html#wtrmap1)

## Testing guidelines and recommendations

### General testing topics

- MDH COVID-19 testing recommendations for LTC: [COVID-19 Testing Recommendations for Long-term Care Facilities \(www.health.state.mn.us/diseases/coronavirus/hcp/ltctestrec.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/ltctestrec.pdf)
- CDC testing: [Testing Guidelines for Nursing Homes \(www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-testing.html\)](http://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-testing.html)
- CDC Q&A: [Clinical Questions about COVID-19: Q&A \(www.cdc.gov/coronavirus/2019-ncov/hcp/faq.html\)](http://www.cdc.gov/coronavirus/2019-ncov/hcp/faq.html)

- CMS long-term care facility testing requirements: [QSO-20-38-NH \(www.cms.gov/files/document/qso-20-38-nh.pdf\)](https://www.cms.gov/files/document/qso-20-38-nh.pdf)
- CMS county-level positivity data to guide nursing home staff testing frequency: [COVID-19 Nursing Home Data \(https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg\)](https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg)

### Use of antigen-based tests

- MDH antigen-based point of care testing: [Using Antigen-based Point of Care Testing for COVID-19 in LTC \(www.health.state.mn.us/diseases/coronavirus/hcp/ltcantigentest.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/ltcantigentest.pdf)
  - Includes flow chart for management of antigen-test results.
- MDH guidance on reporting test results: [Reporting results of COVID-19 Tests Performed Inside Your Long-term Care Facility \(www.health.state.mn.us/diseases/coronavirus/hcp/ltcantigenreport.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/ltcantigenreport.pdf)
- CMS long-term care reporting test results: [QSO-20-37-CLIA, NH \(www.cms.gov/files/document/qso-20-37-clianh.pdf\)](https://www.cms.gov/files/document/qso-20-37-clianh.pdf)

### Facility-wide testing

- MDH COVID-19 PPE toolkit for LTC: [Roadmap for Conducting a COVID-19 Point Prevalence Survey \(PPS\) \(www.health.state.mn.us/diseases/coronavirus/hcp/pps0roadmap.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/pps0roadmap.pdf)
- CDC performing facility-wide testing: [Performing Facility-wide SARS-CoV-2 Testing in Nursing Homes: \(www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-facility-wide-testing.html\)](http://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-facility-wide-testing.html)

### Minnesota-specific testing support

- MDH FAQ for LTC testing: [Frequently Asked Questions: COVID-19 Testing Information for Long-term Care Facilities \(www.health.state.mn.us/diseases/coronavirus/hcp/ltcctestfaq.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/ltcctestfaq.pdf)
- MDH guidance to implement testing plans: [Guidance for Long-term care Testing Plan \(www.health.state.mn.us/communities/ep/ltc/testing.pdf\)](http://www.health.state.mn.us/communities/ep/ltc/testing.pdf)
- MDH testing plan template: [LTC Testing plan template \(www.health.state.mn.us/communities/ep/ltc/testing\\_template.doc\)](http://www.health.state.mn.us/communities/ep/ltc/testing_template.doc)
- Testing webinar (YouTube) [Long-term Care Testing Plan Template Webinar \(https://youtu.be/e6h3YvJoMFM\)](https://youtu.be/e6h3YvJoMFM)

---

## Health care worker recommendations

- MDH health care workers: [COVID-19 Recommendations for Health Care Workers \(www.health.state.mn.us/diseases/coronavirus/hcp/hcwrecs.pdf\)](http://www.health.state.mn.us/diseases/coronavirus/hcp/hcwrecs.pdf)

---

## Staffing planning

- Contact a Crisis Staffing Manager about any staffing questions, concerns or planning opportunities: [health.COVID.SEOC-LTC.staffing.response@state.mn.us](mailto:health.COVID.SEOC-LTC.staffing.response@state.mn.us)
- [LTC Contingency Staffing Plan Template \(www.health.state.mn.us/communities/ep/ltc/ltcstemplate.docx\)](http://www.health.state.mn.us/communities/ep/ltc/ltcstemplate.docx)

- LTC Contingency Staffing Plan Training (YouTube) [Contingency Staffing Webinar](https://www.youtube.com/watch?v=GxprGVzsAcA&feature=youtu.be) ([www.youtube.com/watch?v=GxprGVzsAcA&feature=youtu.be](https://www.youtube.com/watch?v=GxprGVzsAcA&feature=youtu.be))

---

## Mental health and resiliency tools

- Health care worker anxieties and concerns: [Wasy to Address Health Care Worker Anxieties and Concerns](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhanxieties.pdf) ([www.health.state.mn.us/diseases/coronavirus/hcp/mhanxieties.pdf](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhanxieties.pdf))
- Handout: [Common staff fears and concerns](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhconcerns.pdf) ([www.health.state.mn.us/diseases/coronavirus/hcp/mhconcerns.pdf](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhconcerns.pdf))
- Communicating with health care workers: [Tips for Communicating with Health Care Workers](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhcommtips.pdf) ([www.health.state.mn.us/diseases/coronavirus/hcp/mhcommtips.pdf](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhcommtips.pdf))
- COVID-19 considerations for health care leaders: [Seven Things Leaders Can do Now](https://www.health.state.mn.us/diseases/coronavirus/hcp/7things.pdf) (<https://www.health.state.mn.us/diseases/coronavirus/hcp/7things.pdf>)
- Resources for health care workers: [Where to Turn for Mental Health Support during the COVID-19 Pandemic](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhsupport.pdf) ([www.health.state.mn.us/diseases/coronavirus/hcp/mhsupport.pdf](http://www.health.state.mn.us/diseases/coronavirus/hcp/mhsupport.pdf))

---

## Employee testing posters

- LTC employee testing poster: [Get Tested for COVID-19](http://www.health.state.mn.us/diseases/coronavirus/hcp/testsignltc.pdf) ([www.health.state.mn.us/diseases/coronavirus/hcp/testsignltc.pdf](http://www.health.state.mn.us/diseases/coronavirus/hcp/testsignltc.pdf))
- Customizable LTC employee testing poster: [Get Tested for COVID-19 - add facility logo](http://www.health.state.mn.us/diseases/coronavirus/hcp/testsignltclogo.pdf) ([www.health.state.mn.us/diseases/coronavirus/hcp/testsignltclogo.pdf](http://www.health.state.mn.us/diseases/coronavirus/hcp/testsignltclogo.pdf))



Minnesota Department of Health | [health.mn.gov](http://health.mn.gov) | 651-201-5000  
625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975

Contact [health.communications@state.mn.us](mailto:health.communications@state.mn.us) to request an alternate format.

10/12/2020